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WELLNESS

Life sucks.

It's busy.

There are not enough people, and the hours do not end.

Some days it's hard to put on pants.

Our patients and clients some times make us question life decisions.

The holidays can be rough, long hours, lots of euthanasias

In all sincerity, take a time out...take a moment...reach out...go for a walk. Enjoy the silence and equally enjoy the chaos.

Mental Health Monday should be Mental Health Everyday....

1-800-273-TALK

Academy of Veterinary Technicians in Anesthesia and Analgesia

Newsletter

December 9, 2019



Under the Drape

Hello my AVTAA Family!

I hope everyone had a lovely and safe Thanksgiving. For those who were on call, my personal thanks for being the advocate for the patient and ready to respond to their emergency.

Under the drape and behind the scenes (#seewhatIdidthere) the Board of Regents is currently investigating new exam software, gathering thoughts about trademarking the academy logo, addressing via our ACVAA liaison some concerns put forth by DACVAA members, ordering plaques for the new academy members, reviewing bylaws to potentially update/amend by a membership vote and trying to get organized for the annual report to NAVTA CVTS. Whew, we have our hands full!

I'm looking for a member who would like to work with the nomination committee, and new chair Meagan Smith. We will be holding elections for President Elect, Treasurer and Member at Large. Start thinking of candidates that you feel would fill these roles for the betterment of the Academy. Please email me and let me know if you're interested. Additionally, the Mentor committee can always use volunteers, please contact Brynn if interested.

Have a safe and warm holiday period and I wish you joy for the New Year.

Katy

Katy W. Waddell, LVT, VTS (ECC) (Anesthesia & Analgesia) President AVTAA Member at Large AVECCTN

Please join me in welcoming our NEW MEMBERS!!!!!!

Congratulations to them on this achievement, welcome to the family. We look forward to having you with us advocating all things Anesthesia and Analgesia.

Mara Anderson

Jaime Brassard

Jennifer Busby

Caitlin Christian

Lanette Jordan

Bonylee Kennedy

Michelle Moran

Jenna Murray

Jane Rathgeber

Carly Seymour Samantha Walker

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Ever wanted to write an article? Unsure how to start or who to contact? Well there is some good news! *The NAVTA Journal* is the official publication of the National Association of Veterinary Technicians in America (NAVTA) and is a members-only benefit. This dynamic clinical bi-monthly publication is the only continuing education publication sanctioned by NAVTA for its members, and it is worth continuing education credit hours; important for recertification of your license and VTS status.

NAVTA is looking for contributors to their scientific journal. Ideally each Academy should commit to one article per year, but what's holding us back in producing more! It's a great opportunity for all members, especially the NEWBIES, to get their name out within the Veterinary Anesthesia world.







WE WANT YOU!!!!-

Volunteers Needed for the Nominations Committee.

The Credentials committee will need help this upcoming year

Contact Darci if Interested!

As we grow, our newsletter will hopefully be a source of member case reports, interesting facts, all the relevant hashtags, and maybe a funny meme or two. If you would like to submit any of the above, please contact Jenn Sager.



Friendly reminder, Annual dues \$50 (an increase voted on by the AVTAA membership at the general business meeting at IVECCS 2019)..are due by January 1st. Please visit the website under the members only section! If you are having trouble accessing the website, please contact Darci.



The North American Veterinary Anesthesia Society (NAVAS) helps veterinary professionals and caregivers advance and improve the safe administration of anesthesia and analgesia to all animals, through development of standards consistent with recent findings documented in high quality basic and clinical scientific publications and texts. These standards and guidelines foster and encourage education, research, and scientific progress in anesthesia and analgesia and support the activities of all animal care givers engaged in the provision of veterinary anesthesia and analgesia. This mission parallels that of the American and European Colleges of Veterinary Anesthesia and Analgesia and their board certified diplomates who are recognized by the AVMA as specialists in these fields of clinical medicine in North America.

As an AVTAA member, your membership is FREE!! Yes, free. Take advantage of the resources the society offers, contact Nancy Brock n.brock@telus.net, or Jody Nugent-Deal (AVTAA liaison) and visit www.mynavas.org for more information.



Happy Holidays to all of our members! A big shout out and thank you to those working the holiday hours, so that some may spend time with their families. We will see you in 2020!!

Some of my favorites to brighten your day:











Western Veterinary Conference Las Vegas, NV February 16-19, 2020 AVMA 2020 San Diego, CA July 31-August 4 2020 IVECCS St. Louis, MO September 16-20, 2020

Connexity 2020
Denver, CO
September 30-October 3,

