

Academy of Veterinary Technicians in Anesthesia and Analgesia

Newsletter

November 3, 2020



Under the Drape

Hello My AVTAA Family,

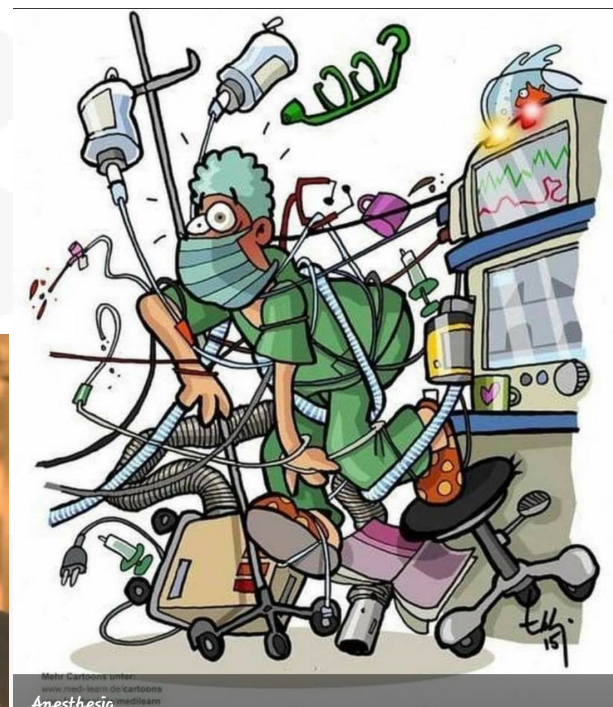
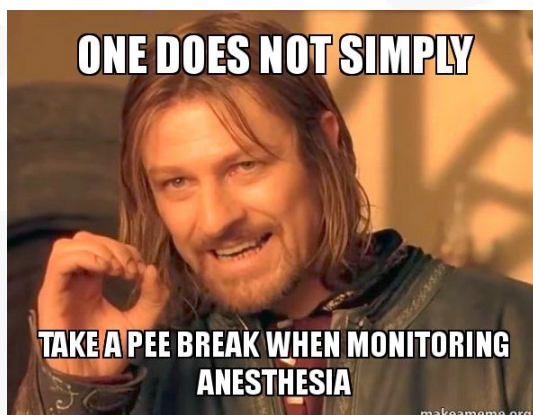
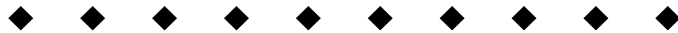
I have to admit, writing this first newsletter post General Business Meeting and the Changing of the Guard, has been a bit of a struggle. When Katy started this part of the newsletter, I thought it a fantastic addition and means to communicate with the Academy, so we will continue, in hopes of making this a tradition.

Since our last newsletter, a lot has happened within the family. Our general business meeting on September 26 was a unique, nontraditional event, but I will admit, I hope to see everyone next year in Nashville. We announced the results of the Logo Survey, as well as the results of the election of Board of Regents Members. I am pleased to reiterate that we will be keeping our current logo! This was an important vote because we are beginning our trademark journey...more on that in a minute. I am also pleased to announce the results of the 2020 election to the Board of Regents, with Jody Nugent-Deal as President-Elect, Lindsey Howard as Treasurer and Sharon Klingler as Member-at-Large. I want to extend a huge THANK YOU to Brenda Feller as she assumed the role of past president previously and was a great addition to the BOR. Katy, will now slide into that role, and selfishly, I am pleased she will still be there for wise council. We reviewed all committee reports, had a few technical glitches....sorry Amanda for the missing picture, and Jody for the missing slide.... and set some goals for the future.

Speaking of goals, we are already reviewing the Bylaws, compliments of Katy and the committee, and hope to have them finished in the Spring for your review. We have also just signed, or about to sign in the new few days, an official contract with the Gerben Law Firm to trademark our Academy name, the abbreviation, AVTAA, our logo, and our title VTS (Anesthesia & Analgesia). The trademark journey will be an arduous one, but hopefully at the end, we can afford the protection of our name. While this may seem unnecessary, unfortunately there are misrepresentations of the VTS name, and we have had a few cases in the past that have escalated to the point of potentially needing lawyer assistance. We as an Academy have worked hard for where we are, I am proud of all of us, and we should protect that name. We are also converting to a computer-based exam, and will provide electronic versions of hopefully both parts of the exam in 2021. A big shout to the exam Committee for taking this on! The credentials committee welcomed a new co-chair, Joanne Zimmerman, and are busy rewriting the application to allow for a blinded review. This is another huge step in validating our process within the Academy, and will allow for a more objective view of incoming applications. But now I challenge you, as Academy Members, where do you see us going? What do you want accomplished? We have our own ideas, but if there is an issue, idea or even something we can improve on, please drop myself or any BOR member a line.

I will end this first section, with a note to all of you. These times have been rough. I can't imagine some of the stress people are going through worrying about the state of their health, the economy, and our country. I struggled writing to you, and those that know me and my endless recertification emails, know I love funny things and memes, but I still struggled. I faced some challenges over the past few months, and surprisingly found myself retreating down a dark hole. This isn't meant to be a "woe is me" edition, but simply, a, it happens to everyone, even if you haven't struggled with any type of mental health worries in the past. Maybe it's a bit of imposter syndrome, sitting where I am now sitting, maybe it's the loss of my mother, maybe it's my own worries, but I struggled. And it literally took an email from Katy..yes..calling you out...to say that she was my backup, and it was the push I need to move. I realized then the web I was spinning around myself. So, I say to you as we face the holidays, take care of yourself, take care of each other, and reach out if you need. We and frankly I, may not always get it right, but we will try our hardest. Take time you need to stay safe. We will see each other soon!

Jenn



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WELLNESS

Life sucks.

It's BUSY and COVID is STILL happening.

Some of us have been isolated for WEEKS....

There are not enough people, and the hours do not end.

Some days it's hard to put on pants.

Our patients and clients sometimes make us question life decisions.

In all sincerity, take a time out...take a moment...reach out...go for a walk. Enjoy the silence and equally enjoy the chaos.

Mental Health Monday should be Mental Health Everyday....

1-800-273-TALK



WE WANT YOU!!!!-

Volunteers Needed for Applicant Mentors!!

Contact Brynn if Interested.

Volunteers NEEDED for the Appeals Committee.

Contact Jody if interested.

The Credentials committee will need help this upcoming year

Contact Darci if Interested!

As we grow, our newsletter will hopefully be a source of member case reports, interesting facts, all the relevant hashtags, and maybe a funny meme or two. If you would like to submit any of the above, please contact Jenn Sager.

Ever want to try public speaking? Send your CV, list of topics and descriptions to

Brenda Feller

Need Online CE?

Check out many resources...

VSPN, VetFolio, VETgirl, Today's Veterinary Nurse, ThinkAnesthesia, VANS

***And don't forget your free subscription to**

NAVAS

<https://www.mynavas.org/>



NAVAS Annual Spring CE Symposium
March 5-7, 2021

In partnership with ACVAA, AVTAA and AVA
Sponsored by: Midmark, Zoetis Petcare and Elanco
Up to 13 hours RACE
Registration information coming soon

Searching for more CE? Join the NAVAS Spring Symposium. Several AVTAA members will be speaking!!!!

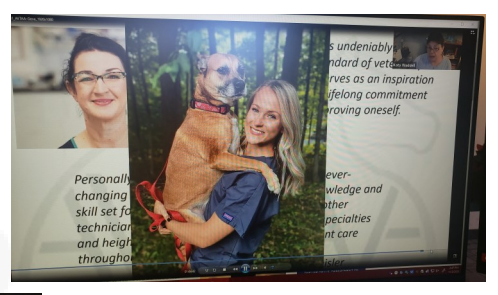
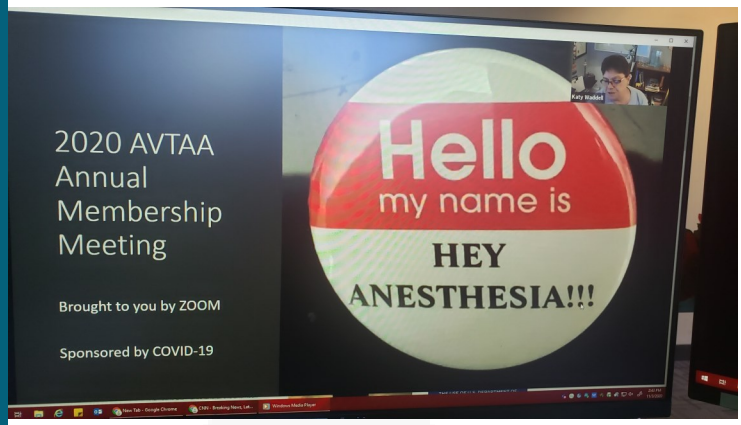
30-DAY gratitude CHALLENGE

#1 About your body.	#2 What you find beautiful.	#3 A song you love.	#4 An accomplishment of yours.	#5 A friend.
#6 A smell you love.	#7 Something that makes you smile.	#8 A happy memory.	#9 Something you like about where you live.	#10 A person in your family.
#11 A food you love.	#12 An ability of yours.	#13 A person.	#14 You're looking forward to.	#15 A life lesson.
#16 A person you look up to.	#17 A personality trait of yours.	#18 An item you use every day.	#19 Something about work.	#20 A holiday you love.
#21 A technology.	#22 Something made you laugh.	#23 Something nice.	#24 A book, magazine or podcast.	#25 Another person.
#26 Something in nature.	#27 A gift you received.	#28 Something that brings hope.	#29 A compliment you have received.	#30 Something you're passionate about.

I stole this from Jody.... But well worth the effort, and a good reminder that you are worth it, even in seemingly darker times.



Pictures from 2020 Business meeting..a la COVID-19 style #Jennstillhasacamera



UPCOMING CE:

VMX
Orlando, FL
January 16-20, 2021

NAVAS
Spring Symposium
Online
March 5-7, 2021

FVMA
Orlando, FL
March 11-14, 2021

